



Step-by-step Guide for Blood Lipid Testing

Quick Glance for Blood Lipid Testing

Step 1

Screening Phase

1st Consultation

Select lab packages with Full Lipid Profile


- HbA1c/ FPG
- Full Lipid Profile, Fasting



New lab test package is available

Step 2

2nd Consultation

1. Acknowledge the automatically uploaded lab results
2. Explain results & select diagnosis for participant
3. For diagnosing Dyslipidaemia, indicate for
 - Specified Condition of Dyslipidaemia
 - Non Specified Condition of Dyslipidaemia
4. Select corresponding management plan
5. Click “Screening Completed” 



Manual input of lab results is not required

Step 3

Treatment Phase

1. Create new Clinical Note
2. Record drug prescription
3. Complete Attendance, Clinical Note, Payment Checkout



Lipid-regulating drugs are included in CDCC Pilot Scheme Drug List



“Copy drug” function is available for subsequent consultation

Step 1 – 1st Consultation in Screening Phase

1

• Issue Investigation Request Note

Select Participant

English Name: TEST, Z7888970 Chinese Name: - HKIC No.: Z788897(0) DOB: 01-Jan-1960 (65 years) Sex: Male

Clinical Team

- Paired Family Doctor: Doctor SHSOP, DOCTOR001
- District Health Centre (Kwai Tsing)

Clinical Progress

Chronic Disease Co-Care Pilot Scheme
DM & HT Screening

Reference No.: 23830002250000329894

Attendance Clinical Note Letter **Investigation**

Details	Date	Checklist
Consultation (by DOCTOR001)	21-Feb-2025	<input type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

• Select Lab Packages with Full Lipid Profile

Investigation

Please select the investigation items by clicking the following selections or individual investigation items.

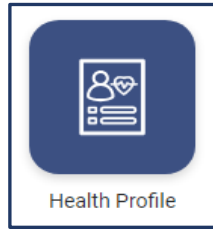
*Investigation Grouping

- Package (F) - Annual Tests for Pre-DM**
 - HbA1c
 - Glucose, Fasting / FPG
 - Full Lipid Profile, Fasting\$0
- Package (G) - Confirmatory Tests for Suspected DM (If initial screening test: HbA1c \geq 6.5% or FPG \geq 7 mmol/L)**
 - HbA1c
 - Glucose, Fasting / FPG
 - Full Lipid Profile, Fasting
 - RFT with eGFR\$0
- Package (H) - For Newly Diagnosed HT**
 - HbA1c
 - Glucose, Fasting / FPG
 - Full Lipid Profile, Fasting
 - RFT with eGFR
 - MSU, Routine / Microscopy\$0
- Dyslipidaemia/DM screening (HbA1c)**
 - HbA1c
 - Full Lipid Profile, Fasting\$0
- Dyslipidaemia/DM screening (FPG)**
 - Glucose, Fasting / FPG
 - Full Lipid Profile, Fasting\$0

Delete Back Next Cancel

Step 2 – 2nd Consultation in Screening Phase

- Create new Clinical Note and complete all necessary items



Health Profile

English Name: TEST, Z7888970 Chinese Name: - HKIC No.: Z788897(0) DOB: 01-Jan-1960 (65 years) Sex: Male

Clinical Team

- Paired Family Doctor: Doctor SHSOP, DOCTOR001
- District Health Centre (Kwai Tsing)

Clinical Progress

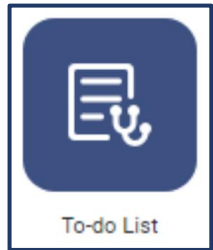
Chronic Disease Co-Care Pilot Scheme
DM & HT Screening

Reference No.: 23830002250000329894

Attendance Clinical Note Letter Investigation

Details	Date	
Investigation (by DOCTOR001)	21-Feb-2025	
Consultation (by DOCTOR001)	21-Feb-2025	

- Acknowledge the lab results in the To-Do List



To-do List

Participant Information

English Name: CHENG, T2000045 Chinese Name: - HKIC No.: T200004(5) Sex: Male DOB: 01-Jan-1991(33yr)

Record Upload Information

Report.PDF	Date
	11-Jan-2024 View PDF
	11-Jan-2024 View PDF
	22-May-2024 View PDF

Read and Accept Results

Please select Read and Accept if the service provider has completed the requested item(s) and uploaded the results. If there is/are any item(s) that you would like the service provider to follow up, please select Require Lab Reprocessing and input the reasons.

Request Items	Complete (Marked by Service Provider)	Read and Accept	Require Lab Reprocessing
Package (B) - Hypertension (HT)	<input type="radio"/>	<input type="radio"/> Select All	<input type="radio"/>
Glucose, Fasting / FPG	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Full Lipid Profile, Fasting	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
RFT with eGFR	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Urine PCR	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Mark Results Upload Date: 22-May-2024

Reasons of Incomplete: ..

Reasons of Require Lab Reprocessing

testing

Confirm

Explain lab results & select diagnosis

Chronic Disease Co-Care Pilot Scheme > DM & HT Screening

Service Summary

Service: **DM & HT Screening**
Reference No.: 23830002240000067612

Treatment Activity | Investigation / Letter

Investigation Print

Result available

Healthcare Prof: **Doctor USHSOP DOCTOR106, Doctor**
Request Date: **19-Jun-2024**
Reference No.: **23830001240000067803** Detail

Specimen collection date: 10-Jul-2024 Final report PDF

*Consultation Date: 05-Mar-2025

*Consultation Type: Face-to-Face Consultation Phone Consultation (Non-s)

Assessment | Preventive Care | **Investigation Result** | Screening Result


Latest Investigation Result Uploaded From Laboratory Service Provider

Specimen collection date:	21-Feb-2025
Glucose, Fasting plasma (SI unit):	4.7 mmol/L
Triglycerides (SI unit):	2.38 mmol/L ↑
Cholesterol, Total (SI unit):	7.23 mmol/L ↑
HDL Cholesterol (SI unit):	1.99 mmol/L
LDL Cholesterol, Direct (SI unit):	3.28 mmol/L
Chol/HDL Ratio (Other unit):	3.6
HbA1c (by HPLC) (Other unit):	5.1 %



Manual input of lab results is not required



1. Select Diagnosis for Dyslipidaemia Screening (e.g. Specified or Non Specified Condition of Dyslipidaemia)
2. Select  icon to reference for JBS2 guideline for assessing CVD risk
3. Select the CVD risk via dropdown

Chronic Disease Co-Care Pilot Scheme > DM & HT Screening

English Name: TEST, Z7888970 Chinese Name: - HKIC No.: Z788897(0) DOB: 01-Jan-1960 (65 years) Sex: Male

Chronic Disease Co-Care Pilot Scheme > DM & HT Screening

Service: **DM & HT Screening**
Reference No.: 23830002250000329894

Treatment Activity | Investigation / Letter

Cholesterol, Total (SI unit)	7.23 mmol/L
HDL Cholesterol (SI unit)	1.99 mmol/L
LDL Cholesterol, Direct (SI unit)	5.12 mmol/L
Chol/HDL Ratio (Other unit)	3.6
HbA1c (by HPLC) (Other unit)	5.1 %
VLDL Cholesterol, by Calc (SI unit)	1.94 mmol/L
Supplementary Investigation Result (Manual Input)	
Specimen collection date	01-Mar-2025
TC	12.00 mmol/L
LDL	123.00 mmol/L

Screening Result

Diagnosis

HT Screening: Normal BP High Normal BP HT

DM Screening: Normal Prediabetes DM

Dyslipidaemia Screening: Normal *Dyslipidaemia N/A

Specified Condition of Dyslipidaemia [*]
 Non Specified Condition of Dyslipidaemia [*]

Estimated cardiovascular disease risk based on JBS 2 guidelines [*]: % over 10 years Print

[*] Specified Condition of Dyslipidaemia: Participants with (1) LDL \geq 5.0 mmol/L; or (2) LDL 2.6 - < 5.0 mmol/L and \geq 20% Print

[*] British Cardiac Society; British Hypertension Society; Diabetes UK; HEART UK; Primary Care Cardiovascular Society; Stroke Association. JBS 2: Joint British Societies' guidelines on prevention of cardiovascular disease in clinical practice. Heart. 2005 Dec;91 Suppl 5(Suppl 5):v1-52. doi: 10.1136/hrt.2005.079988.

Note

Delete Save Cancel

- Indicate the CVD risk over 10 years via dropdown list

Home Clinical eHealth+ Administration Emergency Access Standards Information | DOCTOR001 SHSOP AA Logout

< Select Participant

English Name: TEST, Z7888970 Chinese Name: - HKIC No.: Z788897(0) DOB: 01-Jan-1960 (65 years) Sex: Male Expand

View / Add Allergy & ADR

Chronic Disease Co-Care Pilot Scheme > DM & HT Screening Investigation Letter

Service Summary

Service: DM & HT Screening
Reference No.: 23830002250000329894

*Consultation Date: 05-Mar-2025
*Consultation Type: Face-to-Face Consultation Phone Consultation (Non-subsidised)

Treatment Activity	Investigation / Letter	Assessment	Preventive Care	Investigation Result	Screening Result
Cholesterol, Total (SI 7.23 mmol/L unit)		Diagnosis	HT Screening	<input checked="" type="radio"/> Normal BP	<input type="radio"/> High Normal BP <input type="radio"/> HT
HDL Cholesterol (SI 1.99 mmol/L unit)			DM Screening	<input checked="" type="radio"/> Normal	<input type="radio"/> Prediabetes <input type="radio"/> DM
LDL Cholesterol, Direct (SI unit) 5.12 mmol/L			Dyslipidaemia Screening	<input type="radio"/> Normal	<input checked="" type="radio"/> *Dyslipidaemia <input type="radio"/> N/A
Chol/HDL Ratio (Other unit) 3.6					<input type="radio"/> Specified Condition of Dyslipidaemia [!]
HbA1c (by HPLC) (Other unit) 5.1 %					<input checked="" type="radio"/> Non Specified Condition of Dyslipidaemia [!]
VLDL Cholesterol, by Calc (SI unit) 1.94 mmol/L					Estimated cardiovascular disease risk based on JBS 2 guidelines [?] % over 10 years
Supplementary					[!] Specified Condition of Dyslipidaemia: Participants with (1) LDL \geq 5.0 mmol/L and CVD risk \geq 20% <input type="text" value="<10"/> % over 10 years <input type="text" value="10-20"/> % over 10 years <input type="text" value=">20"/> % over 10 years



- LDL-C \geq 5.0 mmol/L ; or
- LDL-C 2.6 – <5.0 mmol/L with CVD risk \geq 20%



Specified Condition of Dyslipidaemia

LDL-C 2.6 – <5.0 mmol/L with CVD risk <20%



Non Specified Condition of Dyslipidaemia

- Select Management Plan
- Input reason for Non Specified Condition of Dyslipidaemia (e.g. Patient already on lipid-regulating drugs)

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< Select Participant

English Name: TEST, Z7888970 Chinese Name: - HKIC No.: Z788897(0) DOB: 01-Jan-1960 (65 years) Sex: Male Expand

View / Add Allergy & ADR

Chronic Disease Co-Care Pilot Scheme > DM & HT Screening Investigation Letter

Service Summary

Service DM & HT Screening
Reference No. 23830002250000329894

Treatment Activity Investigation / Letter

Consultation Print

Healthcare Prof Doctor SHSOP DOCTOR001, Doctor
Consultation Date 21-Feb-2025
Clinical Note Detail

*Consultation Date 05-Mar-2025

*Consultation Type Face-to-Face Consultation Phone Consultation (Non-subsidised)

Assessment Preventive Care Investigation Result Screening Result

Management Plan Admit to Treatment Phase

FU by family doctor for Pre-DM management (HbA1c 6.0-6.4% / FPG 6.1-6.9 mmol/L) without HT under the CDCC Pilot Scheme
Reason for choosing pre-DM management plan that does not align with lab results

FU by family doctor for DM and / or HT management under the CDCC Pilot Scheme

FU by family doctor for Specified Condition of Dyslipidaemia [!] management under the CDCC Pilot Scheme without Pre-DM (HbA1c 6.0-6.4% / FPG 6.1-6.9 mmol/L) / DM / HT
*Reason for entering treatment phase under Non Specified Condition of Dyslipidaemia

Not Admit to Treatment Phase

Normal DM screening (without HT / Specified Condition of Dyslipidaemia [!])

DHC

Lifestyle modification activities

smoking cessation

weight management

healthy diet

Delete Save Cancel

- Complete screening

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< [Select Participant](#)

English Name: **TEST, Z7888970** Chinese Name: - HKIC No.: **Z788897(0)** DOB: **01-Jan-1960 (65 years)** Sex: **Male** [View / Add Allergy & ADR](#)

Chronic Disease Co-Care Pilot Scheme > DM & HT Screening [Investigation](#) [Letter](#)

Service Summary
Service: DM & HT Screening
Reference No.: 23830002250000329894

Treatment Activity	Investigation / Letter
Consultation Print	
<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	
Healthcare Prof: Doctor SHSOP DOCTOR001, Doctor	
Consultation Date: 21-Feb-2025	
Clinical Note: Show Less Edit	
Assessment	
Office BP: 110 / 80 mmHg	
Office Pulse: 75/min	
Investigation Result	
Supplementary Investigation Result (Manual Input)	
Specimen collection date: 23-Feb-2025	
HbA1c: 5.1%	
Screening Result	
Diagnosis: Normal BP	
HT Screening: Normal BP	

*Consultation Date:

*Consultation Type: Face-to-Face Consultation Phone Consultation (Non-subsidised)

Assessment	Preventive Care	Investigation Result	Screening Result
	<input type="checkbox"/> weight management <input type="checkbox"/> healthy diet <input type="checkbox"/> alcohol control <input type="checkbox"/> Others, please specify <input type="text"/>	<input type="checkbox"/> Others, please specify <input type="text"/>	<input type="radio"/> Scheme Participant has pre-DM (HbA1c 6.0-6.4% / FPG 6.1-6.9 mmol/L) / DM / HT / Specified Condition of Dyslipidaemia [1], but he/she does not opt for entering Treatment Phase <input type="checkbox"/> DHC <input type="checkbox"/> Refer to HA <input type="checkbox"/> Others, please specify <input type="text"/>

[1] Specified Condition of Dyslipidaemia: Participants with (1) LDL \geq 5.0 mmol/L; or (2) LDL 2.6 - < 5.0 mmol/L and CVD risk \geq 20%

Screening Completed

Step 3 – Consultation in Treatment Phase

Complete Attendance, Clinical Note and Payment Checkout

The screenshot displays a patient's clinical progress for a Chronic Disease Co-Care Pilot Scheme. The interface includes a Quota Balance table, Clinical Team information, and a Clinical Progress section with a checklist.

Quota Balance	
	Remaining Total
Medical Consultation	3 4
Nurse Clinic	2 2
Allied Health Consultation	3 3

Clinical Team
Paired Family Doctor
Doctor SHSOP, DOCTOR002

Clinical Progress
Chronic Disease Co-Care Pilot Scheme
Management | Specified Condition of Dyslipidaemia management
Reference No.: 23830002240000036347

Checklist

Details	Date	Checklist
Consultation (by DOCTOR001)	05-Mar-2025	<input checked="" type="checkbox"/> Attendance <input checked="" type="checkbox"/> Clinical Note <input checked="" type="checkbox"/> Payment Checkout

Navigation: Attendance (1), Clinical Note, Letter, Investigation

Legend:
i) Attendance
ii) Clinical Note
iii) Payment Checkout

Record prescription in Clinical Notes

The screenshot shows the Medication recording form with the following fields:

- *Medication to be prescribed: Yes No
- Reason:
- Standard Drug Name: Atorvastatin (Calcium) Tablet 10mg
- *Dosage: 1 tablet
- *Frequency: once daily
- PRN:
- *Route: Oral
- *Duration: 90 day(s)
- *Total Qty: 90

Buttons: Add New Item, Copy



Lipid-regulating drugs are included in CDCC Pilot Scheme Drug List



"Copy drug" function is available for subsequent consultation

Chronic Disease Co-Care Pilot Scheme - Management
Service Summary
Service: Management
Reference No.: 2383000224000007714

*Consultation Date
*Consultation Type

Medication
Medication to be prescribed: Yes

Standard Atorvastatin (Calcium) Tablet 10mg - 1 tablet - once daily - oral - 90 day(s) - 90 tablet

Copy