

**Chronic Disease Co-Care Pilot Scheme –
Doctor-Patient Partnership Incentive Mechanism**

**Target Parameters for Scheme Participants with
Hypertension and Diabetes Mellitus**

Important Information:

- The Incentive calculation will start from the participant's second Participant Programme Year onwards.
- Participants must achieve 3 of the 4 parameters listed below to meet the target.

1. Regular Self-Monitoring of Blood Pressure

Please develop the habit of regularly measuring your blood pressure at home and upload the results to the eHealth App at least once per month* to enable healthcare professionals to continuously monitor your condition.

2. Regular Consultation

To enable regular monitoring of your condition by your Family Doctor, please visit your Family Doctor at least once per quarter within the Participant Programme Year*.

3. Participation in Patient Empowerment Programme

Please timely attend the Patient Empowerment Programme arranged by the District Health Centre and complete the post-programme assessment within the Participant Programme Year* to enhance your ability to manage your own health.

4. Regular Retinal Examination

Please timely attend the retinal photography examination arranged by the District Health Centre within the Participant Programme Year* for monitoring any ophthalmological complication of diabetes mellitus to ensure early identification of condition and prompt follow-up.

Upon achievement of target parameters, participants will enjoy a deduction of medical consultation co-payment fee up to the Government recommended Medical Consultation Co-Payment amount (currently \$150) for the first subsidised visit in the following Participant Programme Year. If the co-payment fee is equal to or less than the Government recommended co-payment amount, no co-payment is required for that subsidised consultation. If the co-payment fee exceeds the Government recommended Co-Payment amount, only the balance after deducting this amount from the total co-payment fee is required for that subsidised consultation.

***For frequently asked questions regarding the target parameters and incentive calculations, please refer to the following webpage:**

<https://www.primaryhealthcare.gov.hk/cdcc/en/gp/faq.html>